

# Antimicrobial prescription trends for canine and feline gastroenteric conditions in veterinary primary care in the United Kingdom: a mixed-methods approach

**SAVSNET**

The Small Animal Veterinary Surveillance Network



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# Why?



## Gastroenteric



One of the most common clinical presentations for which antimicrobials are used



## Original article

## Patterns of antimicrobial agent prescription in a sentinel population of canine and feline veterinary practices in the United Kingdom

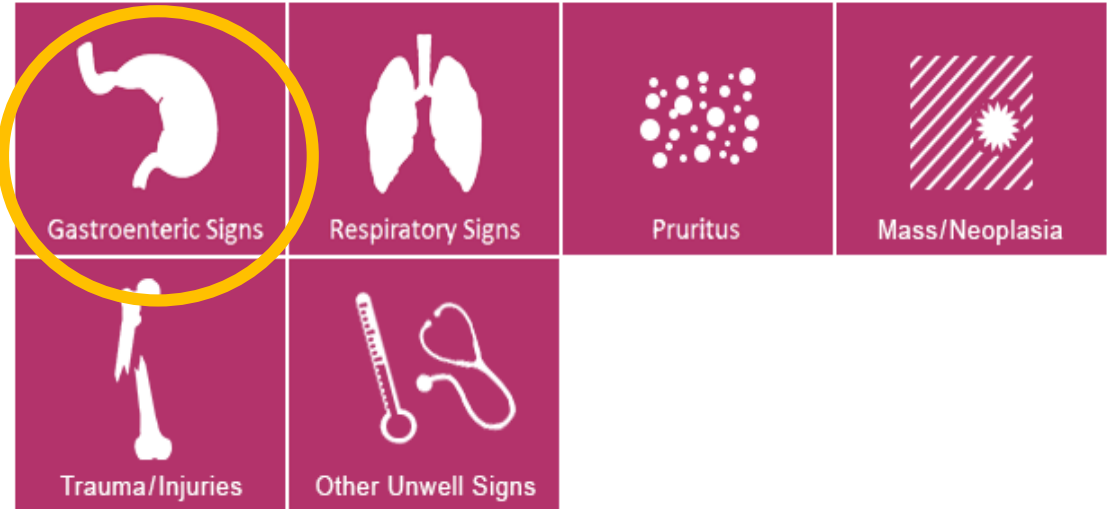
D.A. Singleton<sup>a,\*,1</sup>, F. Sánchez-Vizcaíno<sup>a,b</sup>, S. Dawson<sup>c</sup>, P.H. Jones<sup>a</sup>, P.J.M. Noble<sup>c</sup>, G.L. Pinchbeck<sup>a</sup>, N.J. Williams<sup>a</sup>, A.D. Radford<sup>a</sup>

Main presenting complaint	Number (%) of EHRs <sup>a</sup>	Dog			
		Total		Systemic	
		%	95% CI <sup>b</sup>	%	CI <sup>b</sup>
Pruritus	62,655 (6.8)	51.0	49.8–52.2	25.5	24.2–26.9
Respiratory	14,359 (1.6)	42.2	40.5–44.0	40.4	38.7–42.2
Gastroenteric	38,954 (4.2)	39.4	37.0–41.7	38.2	35.8–40.6
Trauma	58,033 (6.3)	26.7	25.5–27.9	21.3	20.3–22.4
Kidney disease	2607 (0.28)	29.1	26.6–31.7	26.8	24.3–29.3
Tumour	20,938 (2.3)	22.0	21.1–23.0	17.5	16.7–18.3
Other unwell	156,197 (17.0)	32.8	31.8–33.8	20.3	19.5–21.2
Post-operative	98,753 (10.8)	13.0	12.2–13.8	9.9	9.3–10.5
Vaccination	277,246 (30.2)	4.3	3.9–4.7	1.4	1.1–1.7
Other healthy	188,582 (20.6)	11.8	10.7–13.0	7.0	6.1–7.8

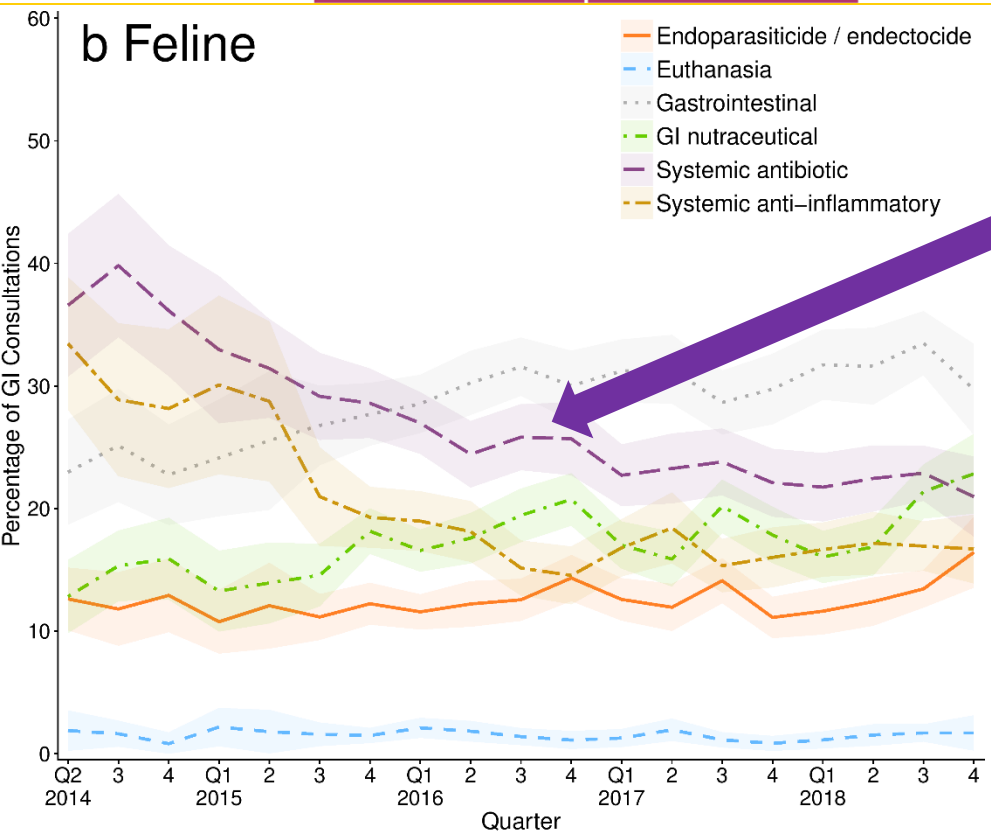
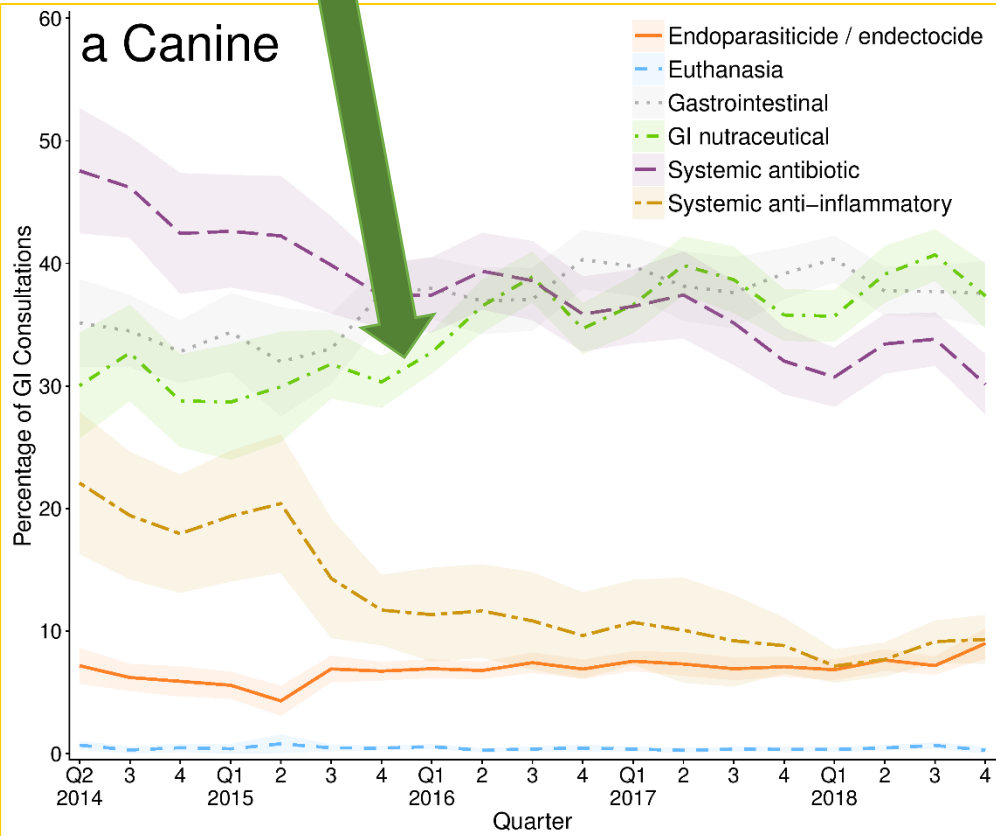
Main presenting complaint	Number (%) of EHRs <sup>a</sup>	Cat			
		Total		Systemic	
		%	95% CI <sup>b</sup>	%	95% CI <sup>b</sup>
Pruritus	13,749 (3.9)	33.5	31.9–35.2	24.9	23.3–26.6
Respiratory	7681 (2.2)	52.0	49.8–54.3	59.9	47.6–52.2
Gastroenteric	11,206 (3.2)	29.8	27.4–31.8	28.9	26.7–31.1
Trauma	22,796 (6.5)	53.5	52.1–54.8	50.1	48.8–51.4
Kidney disease	4009 (1.1)	19.6	17.9–21.3	18.9	17.2–20.6
Tumour	5330 (1.5)	21.3	19.8–22.7	19.8	18.3–21.3
Other unwell	72,189 (20.5)	30.5	29.5–31.6	24.9	23.9–26.0
Post-operative	32,136 (9.1)	11.1	10.0–11.9	9.6	8.7–10.6
Vaccination	115,394 (32.6)	2.5	2.2–2.8	1.4	1.2–1.6
Other healthy	68,236 (19.4)	10.5	9.1–11.9	8.4	7.1–9.6

# Surveillance

Small animal disease surveillance:  
gastrointestinal disease, antibacterial  
prescription and *Tritrichomonas foetus*



Increase of GI nutraceuticals



DECREASE of  
systemic  
antimicrobial  
prescription  
(~25%)

Qualitative study of factors associated with antimicrobial usage in seven small animal veterinary practices in the UK

Ana L.P. Mateus<sup>a,\*</sup>, David C. Brodbelt<sup>a</sup>, Nick Barber<sup>b</sup>, Katharina D.C. Stärk<sup>a</sup>



21 veterinarians  
Semi-structured interviews  
Thematic analysis

## Qualitative Research Background

*‘to identify intrinsic and extrinsic factors that influence the decision-making process involved in the selection of AMs by small animal veterinarians through qualitative methods’*



# Guidelines



## GASTROINTESTINAL INFECTIONS



### Antibacterials are not indicated for:

- Acute vomiting
- Acute diarrhoea (including acute haemorrhagic cases)
- Pancreatitis
- Most gastric *Helicobacter* infections
- Most *Campylobacter*, *Salmonella*, *Clostridium perfringens* or *C. difficile* infections
- Chronic diarrhoea (except as part of a treatment trial)

Cats and dogs presenting with acute gastrointestinal signs, including dogs with haemorrhagic diarrhoea, that are systemically well **do not** require antibacterial therapy



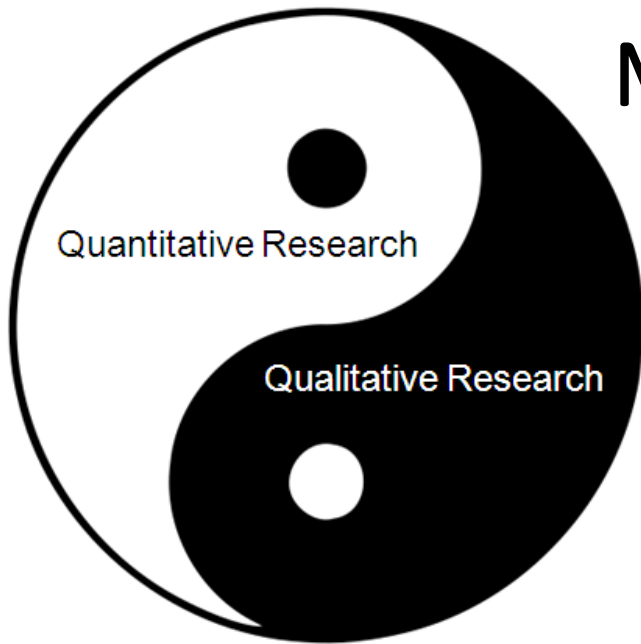
There is a need to understand how these are being applied in practice

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## MIXED METHODS



To better understand antimicrobial choices of practitioners, focussing on gastrointestinal clinical cases



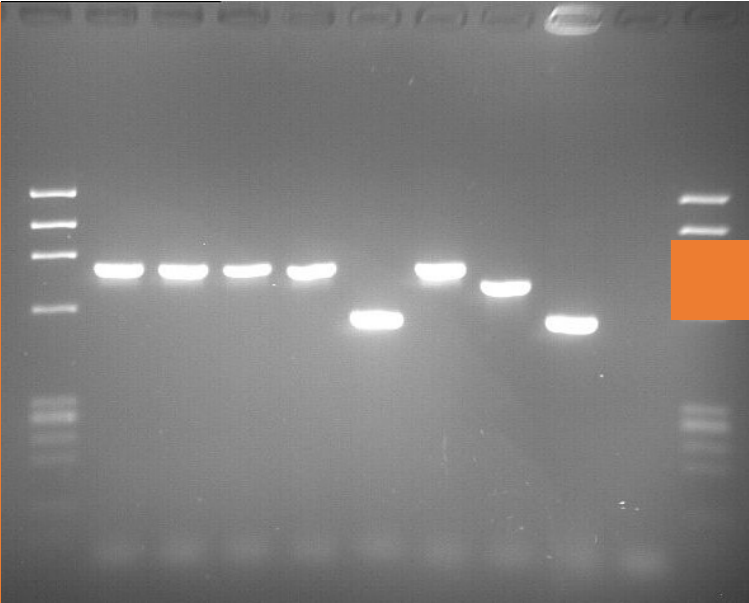
Electronic  
Health  
Records

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Diagnostic Laboratory



10 000 records a day

237886 / **canine**  
/ **westie** / **CH43** /  
**faeces** /  
**parvovirus PCR** /  
**positive**

Socio-demographic data

Climate

**Research  
ready**

**Research priorities:**



Climate and environment  
impact on disease, currently  
focused on ectoparasites, such  
as ticks



Infection and zoonosis



Antimicrobial  
resistance

Veterinary Practice

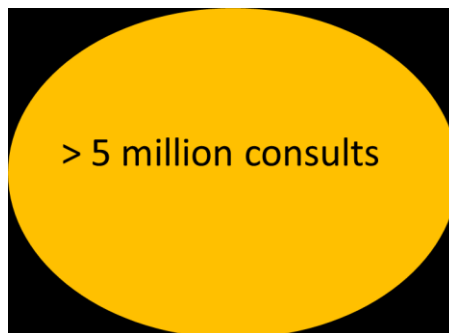


6 000 records a day

Owner postcode, **Canine**,  
**Labrador**, Male, Neutered,  
DOB 01/10/2002, Diarrhoea  
last night and V o/n Temp  
38.90 degC. exam bright  
colour good hydration fine  
abd palp nad relaxed non-  
rense rectal exam soft  
cowpat like stool no blood  
tmt as g/e adv strict bland  
diet 38h. Treatment Inject  
1.50 mls Cerenia Injectable.  
Pro-Kolin 30ml Syringe VH 4  
units twice daily for 1-3 days  
while stools are loose

# Veterinary Practices

## SAVSNET window



What is the main reason for this visit?



Owner wishes to opt out, or not eligible to give consent.

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Owner postcode, Canine, Labrador, Male, Neutered, DOB 01/10/2002

Diarrhoea last night and V o/n Temp 38.90 degC. exam bright colour good hydration fine abd palp nad relaxed non-renal rectal exam soft cowpat like stool no blood tmt as g/e adv strict bland diet 38h.

Treatment: Inject 1.50 mls Cerenia Injectable. Pro-Kolin 30ml Syringe VH 4 units twice daily for 1-3 days while stools are loose

> 5 million consultations



In 10% a questionnaire pops up

~ 20,000 EHRs  
questionnaire answered

Gastroenteric

~200,000 EHRs



**Please indicate the clinical signs present\***

Diarrhoea without blood  
Diarrhoea with blood  
Vomiting without blood.  
Vomiting with blood.  
Melaena.  
Weight loss/failure to gain weight.  
Poor appetite.  
Other.

**2. If diarrhoea was present how would you describe it\***

No diarrhoea.  
Small intestinal diarrhoea.  
Large intestinal diarrhoea/colitis.  
Mixed pattern.  
Don't know.

**3. Please indicate disease severity**

Mild illness i.e. normal apart from GI disease.  
Moderately ill.  
Severely ill/debilitated.

**4. How does this consultation relate to this episode of illness**

**First presentation**

Revisit/check-up.  
Don't know.  
Other.

**5. How long approximately has the pet had this episode of illness?**

Up to 2 days.  
Between 3 days and 2 weeks  
More than 2 weeks – less than 1 month.  
1 month and over.  
Don't know.

**6. What diagnostic options will be used today for this episode of illness? \***

None.  
Faecal parasitology/bacteriology.  
Faecal virology.  
Virus serology.  
Diagnostic Imaging.  
Haematology/biochemistry.  
Serum B12/Folate and/or serum TLI.  
Canine/feline specific pancreatic lipase.  
Urinalysis.  
Other.

**7. What advice did you give today? \***

Change of diet.  
Fasting.  
Admit patient for treatment.  
Refer patient.  
Check-up in near future.

\*indicates multiple options may be chosen

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First visit consultations



April 2014 - September 2018

225 volunteer veterinary practices

17,819 EHRs



82.1%



17.9%

## Quantitative Results

Questionnaire answered EHRs

n= 17,819 EHRs

The most commonly reported clinical signs

non-haemorrhagic diarrhoea



47.1%

(95% CI, 46.2-48.0)



40.8%

(95% CI 39.0-42.6)



45.3%

(95% CI 44.2-46.3)



54.2%

(95% CI 52.4-56.1)

Use of diagnostic tests

Reported in only



18.9% (95% CI 17.3-20.4)



13.2% (95% CI 12.2-14.3)

## Quantitative Results

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Questionnaire answered

n= 17,819 EHRs

Systemic antimicrobial agents prescribed



**29.3%** (95% CI 27.4-31.1)



**23.5%** (95% CI 21.2-25.9)



World Health  
Organization

## Highest Priority Critically Important Antimicrobials (HPCIA)s

**RECOMMEND RESERVATION FOR HUMAN USE**

quinolones, 3rd and higher generation cephalosporins,  
macrolides and ketolides, glycopeptides, and polymyxins



**4.8%** (95% CI 3.8-5.7)

When AM prescription occurred

**20.4%** (95% CI 18.8-22.1)



**0.7%** (95% CI 0.2-1.1)

When AM prescription occurred

**2.4%** (95% CI 1.89-3.0)

Preliminary Study

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What is the content and extent of discussion by practitioners around justification of use of antimicrobial agents?

Questionnaire answered

Electronic  
Health  
Records



First visit consultations

**Qualitative approach**



‘Holistic approach to the clinical narrative’

Content analysis of the clinical narrative (*‘free-text’*)

**200** randomly selected EHRs

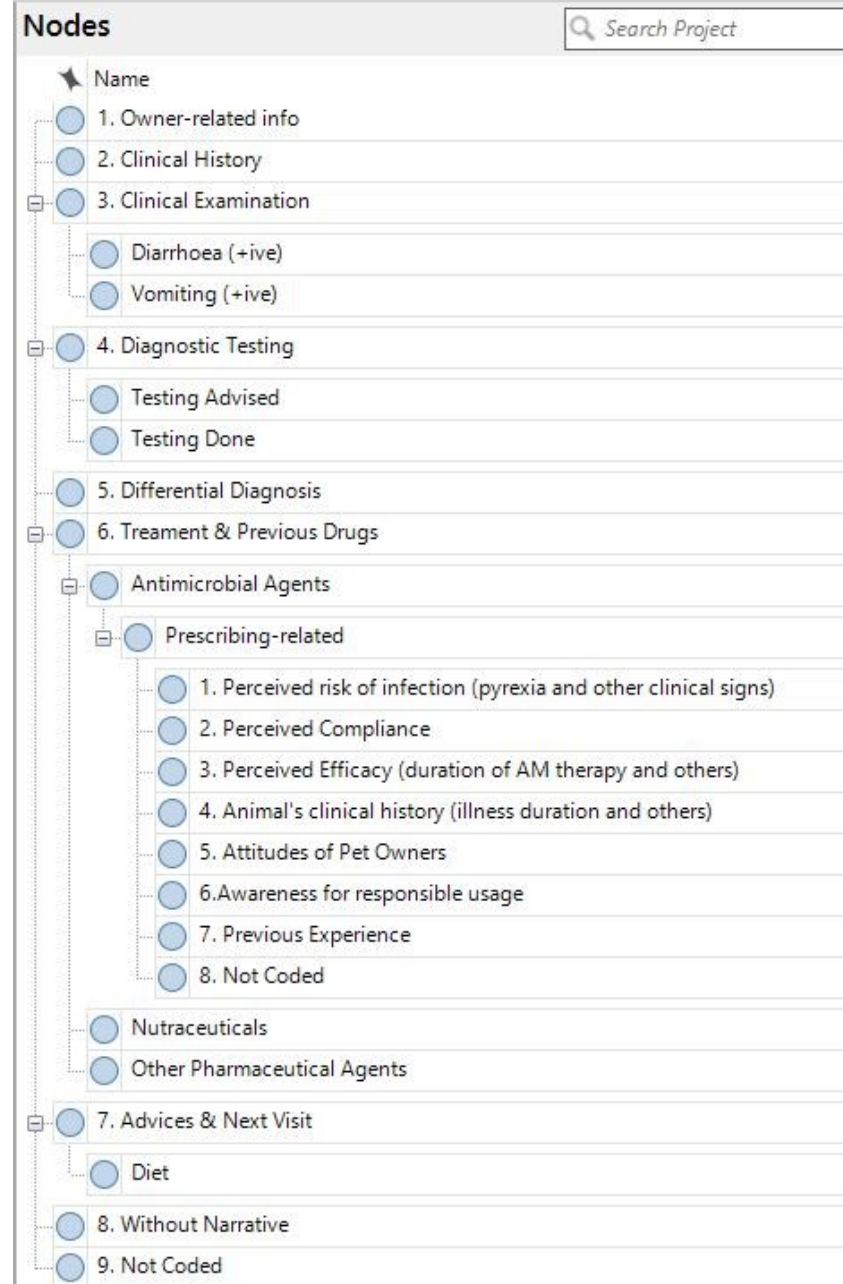
## Qualitative approach



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Categories/ 'Nodes' / 'Containers of information'

*"(...) D+ still leaving small amounts of blood around house after defecating. very well in herself, eddu normal. (...) Clinical exam - unremarkable, parameters within normal limits other than temperature 39.4. seemed sensitive around back end (...). elected to do a full course of antibiotics. as owner unable to given oral meds elected to give convenia today. owner to monitor clinical signs and recheck if at all concerned."*





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**Nodes**

- Name
- 1. Owner-related info
- 2. Clinical History
- 3. Clinical Examination
  - Diarrhoea (+ive)
  - Vomiting (+ive)
- 4. Diagnostic Testing
  - Testing Advised
  - Testing Done
- 5. Differential Diagnosis
- 6. Treament & Previous Drugs
  - Antimicrobial Agents
    - Prescribing-related
      - 1. Perceived risk of infection (pyrexia and other clinical signs)
      - 2. Perceived Compliance
      - 3. Perceived Efficacy (duration of AM therapy and others)
      - 4. Animal's clinical history (illness duration and others)
      - 5. Attitudes of Pet Owners
      - 6. Awareness for responsible usage
      - 7. Previous Experience
      - 8. Not Coded
  - Nutraceuticals
  - Other Pharmaceutical Agents
- 7. Advices & Next Visit
  - Diet
- 8. Without Narrative
- 9. Not Coded



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Qualitative approach

Categories/ 'Nodes' / 'Containers of information'

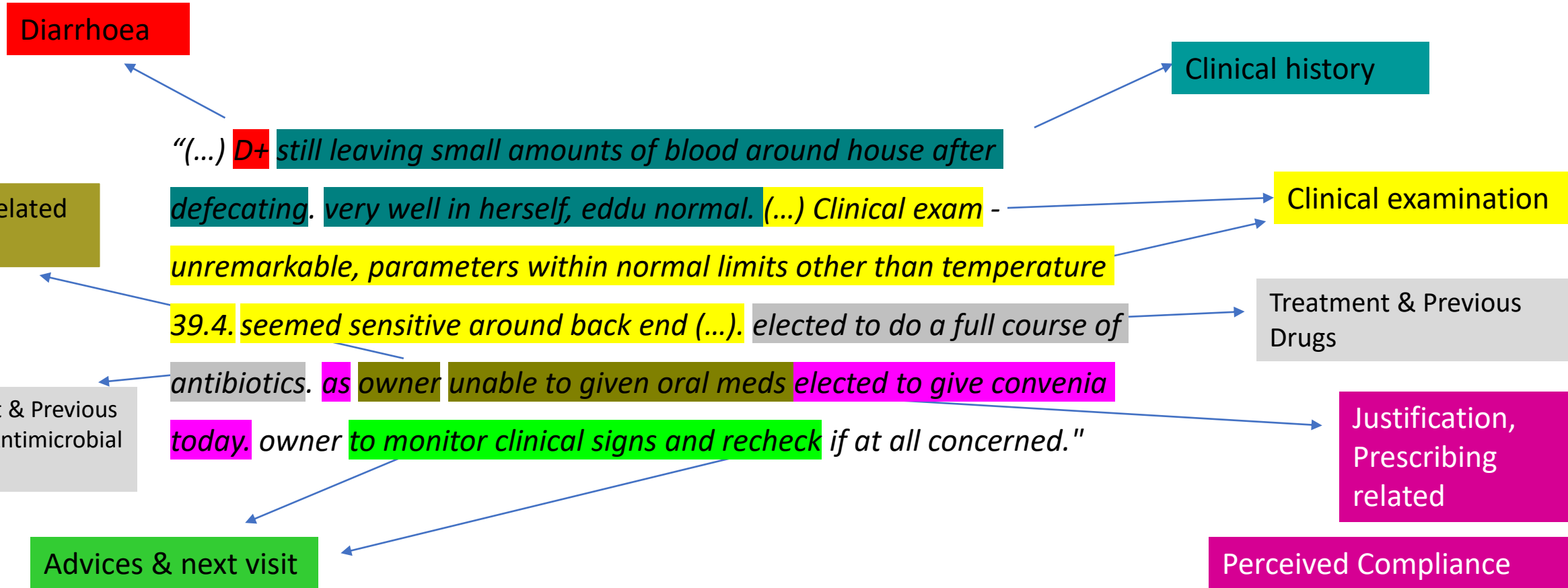
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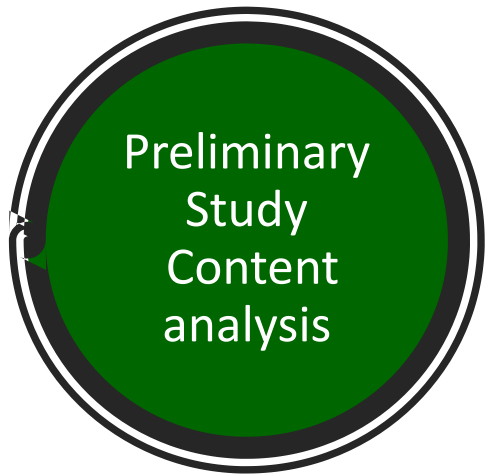


Categories/ 'Nodes' / 'Containers of information'



	EHRs Antimicrobial prescribed	EHRs Antimicrobial not prescribed
Not prescribing related content	99	65
Prescribing related content, justification	35	1
Total (n=200)	134	66

When antimicrobial prescription occurred, factors associated with justification prescribing were identified in only **26.1%** (95% CI 19.4-34.2)



## Identified factors associated with prescribing: clinical narrative examples

### Perceived risk of infection (pyrexia, other clinical signs)

*'Gave convenia to cover possible infections...'*

*'as pyrexia have opted to treat with AB even in the absence of blood in f+.'*

### Attitudes of Pet Owners

*'o's going away for 2 weeks tomorrow so advise cover ab's'*

*'owner opted to see how goes with medical intervention today as thinks unlikely will have eaten a fb.'*

### Perceived Efficacy (duration of AM therapy, others)

*'Has improved /w antibiotics, so seven days more, wait seven days and re-sample.'*

*'and conveyia to try to see if improves'*

### Awareness for responsible usage

*'if not improving then we will consider antbs'*



## Antimicrobial prescription is **common** in gastroenteric clinical cases

Whilst this suggests a gap with current recommendations targets, there remains a need to assess practitioners understanding of other systemic signs

Descriptive studies have helped quantify antimicrobials use

Qualitative approaches can help to identify themes, behaviours, and **to describe key clinical drivers** of antibiotic prescription



By **applying mixed-methods**, it is possible to provide a new and complementary insight into antimicrobial prescription

**Justification** for prescription is **uncommonly** explicitly **recorded**

Some of the themes identified so far, include: **perceived risk of infection, attitudes of pet owners, perceived compliance**, and **perceived efficacy**

Further work

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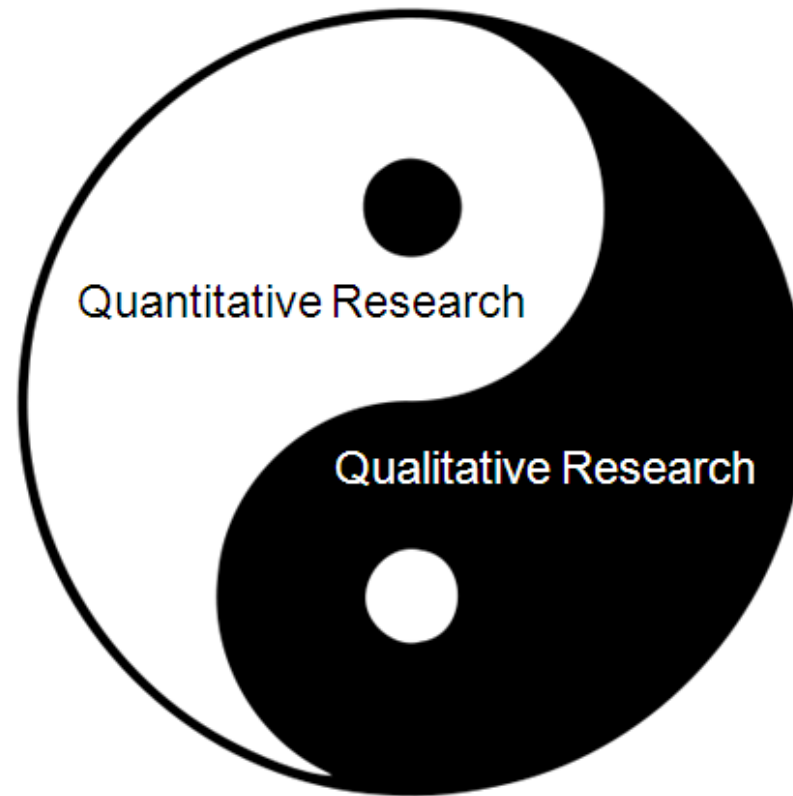
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## Multivariable analysis

Animals data: breed, age,  
insurance status

Practice data



Further content analysis of the  
clinical narrative

Identify drivers related with  
antimicrobial prescription

in an extended dataset

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## Acknowledgements

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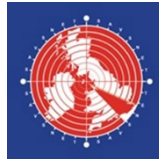
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## Funders



INSTITUTE OF INFECTION  
AND GLOBAL HEALTH



## SAVSNET Collaborators



# All practices and laboratories taking part in the SAVSNET project!

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