

Antimicrobial prescription trends for canine and feline gastroenteric conditions
in veterinary primary care in the United Kingdom: a mixed-methods approach

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The Small Animal Veterinary Surveillance Network



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Why?



Gastroenteric



One of the most common clinical presentations for which antimicrobials are used

Original article

Patterns of antimicrobial agent prescription in a sentinel population of canine and feline veterinary practices in the United Kingdom

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| Main presenting complaint | Number (%) of EHRs ^a | Dog | | | |
|---------------------------|---------------------------------|-------------|---------------------|-------------|-----------------|
| | | Total | | Systemic | |
| | | % | 95% CI ^b | % | CI ^b |
| Pruritus | 62,655 (6.8) | 51.0 | 49.8–52.2 | 25.5 | 24.2–26.9 |
| Respiratory | 14,359 (1.6) | 42.2 | 40.5–44.0 | 40.4 | 38.7–42.2 |
| Gastroenteric | 38,954 (4.2) | 39.4 | 37.0–41.7 | 38.2 | 35.8–40.6 |
| Trauma | 58,033 (6.3) | 26.7 | 25.5–27.9 | 21.3 | 20.3–22.4 |
| Kidney disease | 2607 (0.28) | 29.1 | 26.6–31.7 | 26.8 | 24.3–29.3 |
| Tumour | 20,938 (2.3) | 22.0 | 21.1–23.0 | 17.5 | 16.7–18.3 |
| Other unwell | 156,197 (17.0) | 32.8 | 31.8–33.8 | 20.3 | 19.5–21.2 |
| Post-operative | 98,753 (10.8) | 13.0 | 12.2–13.8 | 9.9 | 9.3–10.5 |
| Vaccination | 277,246 (30.2) | 4.3 | 3.9–4.7 | 1.4 | 1.1–1.7 |
| Other healthy | 188,582 (20.6) | 11.8 | 10.7–13.0 | 7.0 | 6.1–7.8 |

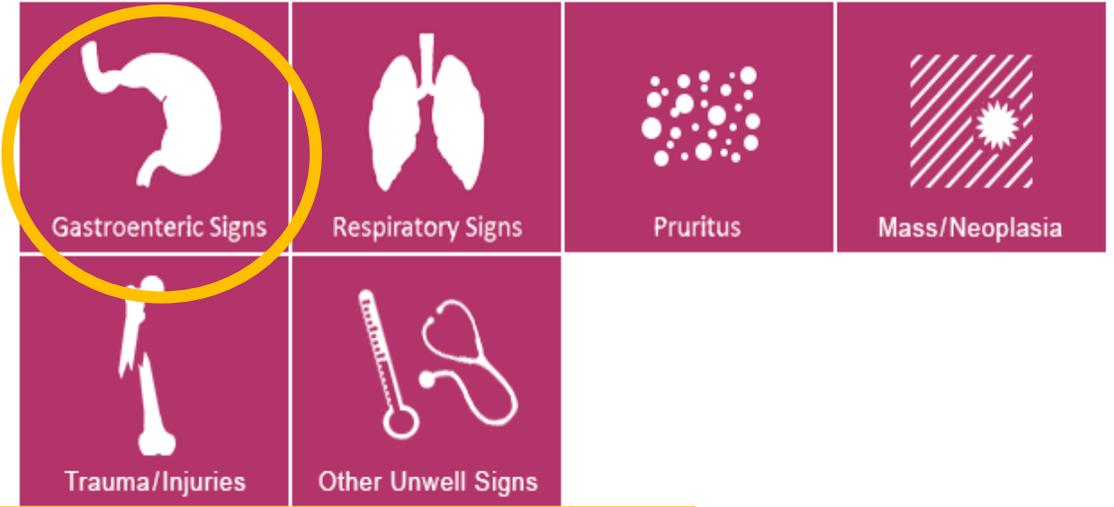


| Main presenting complaint | Number (%) of EHRs ^a | Cat | | | |
|---------------------------|---------------------------------|-------------|---------------------|-------------|---------------------|
| | | Total | | Systemic | |
| | | % | 95% CI ^b | % | 95% CI ^b |
| Pruritus | 13,749 (3.9) | 33.5 | 31.9–35.2 | 24.9 | 23.3–26.6 |
| Respiratory | 7681 (2.2) | 52.0 | 49.8–54.3 | 59.9 | 47.6–52.2 |
| Gastroenteric | 11,206 (3.2) | 29.8 | 27.4–31.8 | 28.9 | 26.7–31.1 |
| Trauma | 22,796 (6.5) | 53.5 | 52.1–54.8 | 50.1 | 48.8–51.4 |
| Kidney disease | 4009 (1.1) | 19.6 | 17.9–21.3 | 18.9 | 17.2–20.6 |
| Tumour | 5330 (1.5) | 21.3 | 19.8–22.7 | 19.8 | 18.3–21.3 |
| Other unwell | 72,189 (20.5) | 30.5 | 29.5–31.6 | 24.9 | 23.9–26.0 |
| Post-operative | 32,136 (9.1) | 11.1 | 10.0–11.9 | 9.6 | 8.7–10.6 |
| Vaccination | 115,394 (32.6) | 2.5 | 2.2–2.8 | 1.4 | 1.2–1.6 |
| Other healthy | 68,236 (19.4) | 10.5 | 9.1–11.9 | 8.4 | 7.1–9.6 |

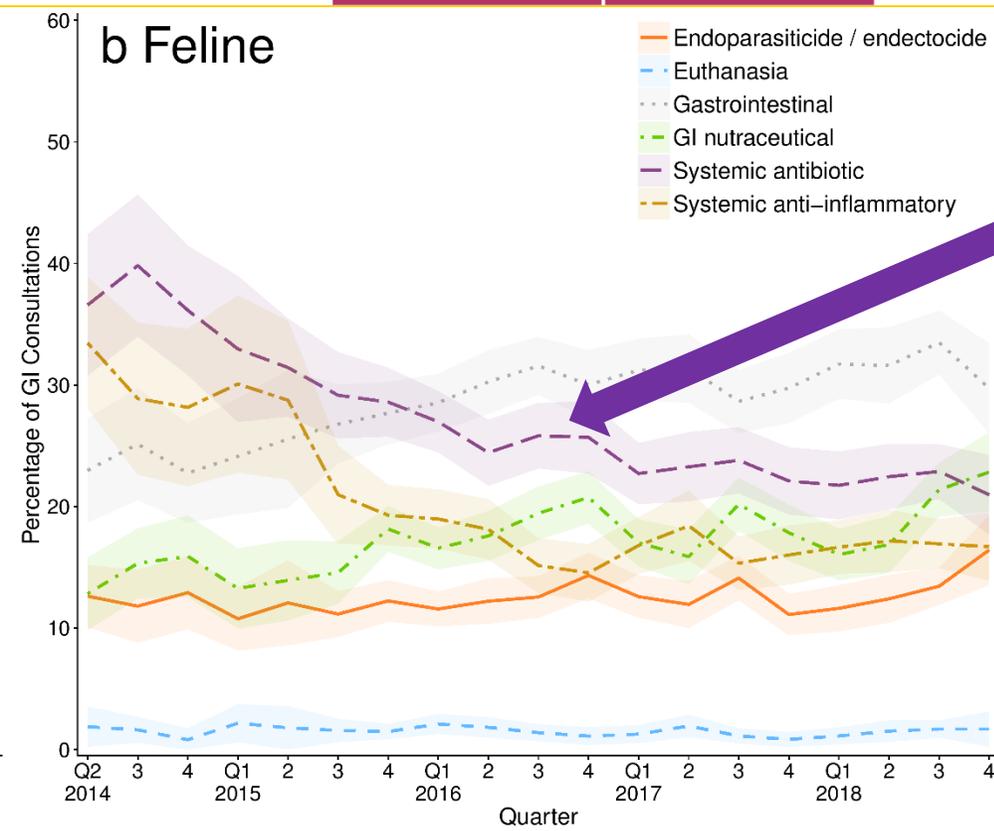
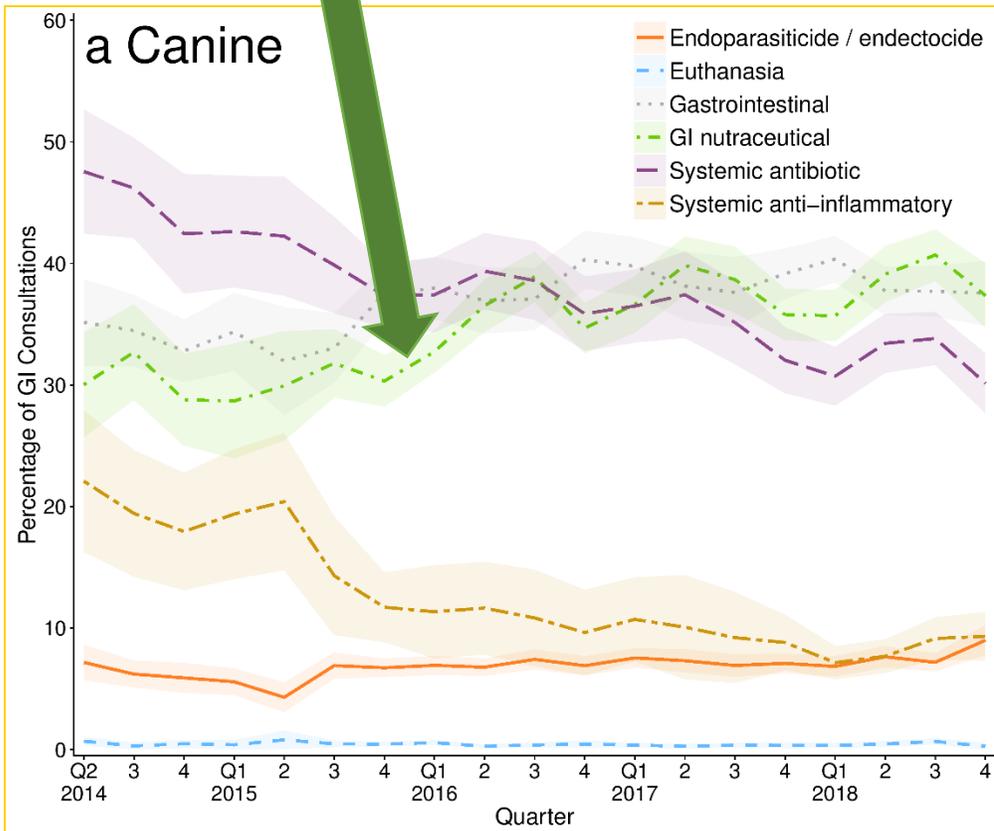


Surveillance

Small animal disease surveillance:
gastrointestinal disease, antibacterial
prescription and *Tritrichomonas foetus*



Increase of GI nutraceuticals



DECREASE of
systemic
antimicrobial
prescription
(~25%)

Qualitative Research Background



ELSEVIER

Contents lists available at ScienceDirect

Preventive Veterinary Medicine

journal homepage: www.elsevier.com/locate/prevetmed



Qualitative study of factors associated with antimicrobial usage in seven small animal veterinary practices in the UK

Ana L.P. Mateus^{a,*}, David C. Brodbelt^a, Nick Barber^b, Katharina D.C. Stärk^a



CrossMark

21 veterinarians
Semi-structured interviews
Thematic analysis

‘to identify intrinsic and extrinsic factors that influence the decision-making process involved in the selection of AMs by small animal veterinarians through qualitative methods’

Guidelines



GASTROINTESTINAL INFECTIONS



Antibacterials are not indicated for:

- Acute vomiting
- Acute diarrhoea (including acute haemorrhagic cases)
- Pancreatitis
- Most gastric *Helicobacter* infections
- Most *Campylobacter*, *Salmonella*, *Clostridium perfringens* or *C. difficile* infections
- Chronic diarrhoea (except as part of a treatment trial)

Cats and dogs presenting with acute gastrointestinal signs, including dogs with haemorrhagic diarrhoea, that are systemically well **do not** require antibacterial therapy



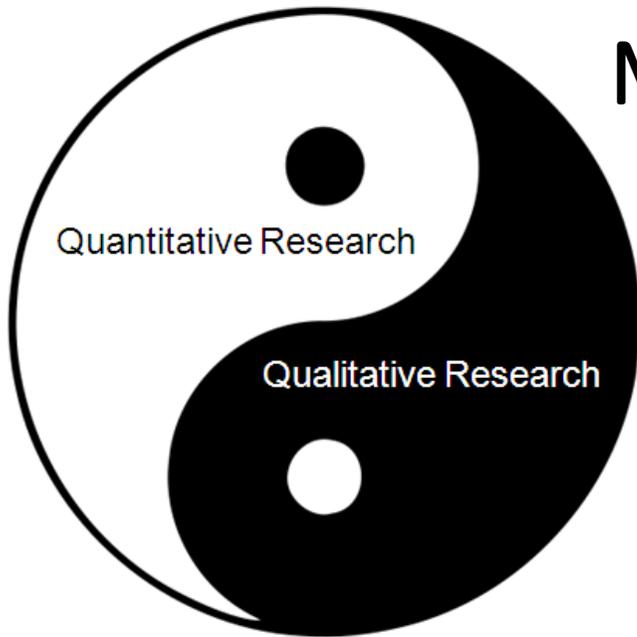
There is a need to understand how these are being applied in practice

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MIXED METHODS



To better understand antimicrobial choices of practitioners, focussing on gastrointestinal clinical cases



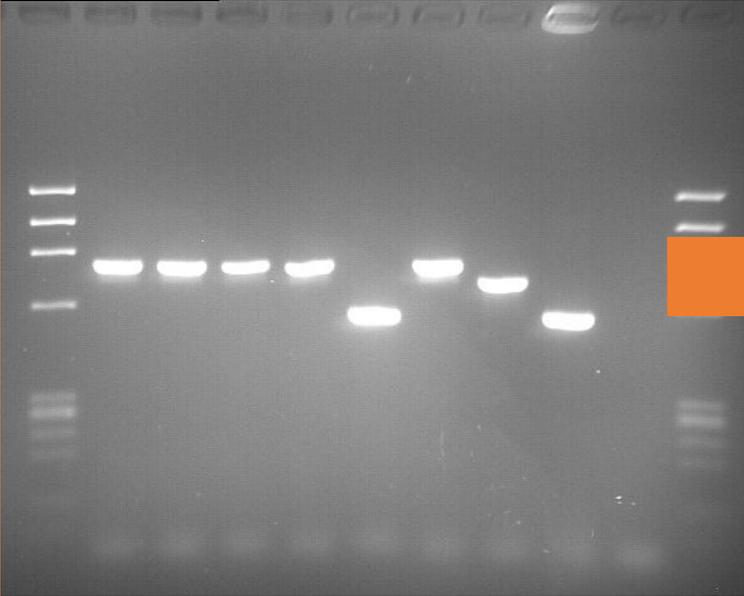
Electronic
Health
Records

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Diagnostic Laboratory



10 000 records a day

237886 / canine
/ westie / CH43 /
faeces /
parvovirus PCR /
positive

Socio-demographic data

Climate

Research
ready

Research priorities:



Climate and environment
impact on disease, currently
focused on ectoparasites, such
as ticks



Infection and zoonosis



Antimicrobial
resistance

Veterinary Practice



6 000 records a day

Owner postcode, Canine,
Labrador, Male, Neutered,
DOB 01/10/2002, Diarrhoea
last night and V o/n Temp
38.90 degC. exam bright
colour good hydration fine
abd palp nad relaxed non-
rense rectal exam soft
cowpat like stool no blood
tmt as g/e adv strict bland
diet 38h. Treatment Inject
1.50 mls Cerenia Injectable.
Pro-Kolin 30ml Syringe VH 4
units twice daily for 1-3 days
while stools are loose

Veterinary Practices

SAVSNET window



> 5 million consults

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What is the main reason for this visit?

| | | | |
|-------------------------|------------------------|-------------------|--------------------|
| Gastroenteric Signs | Respiratory Signs | Pruritus | Mass/Neoplasia |
| Trauma/Injuries | Other Unwell Signs | | |
| Vaccination | Other Healthy | Post-op Check | |

Owner wishes to opt out, or not eligible to give consent.

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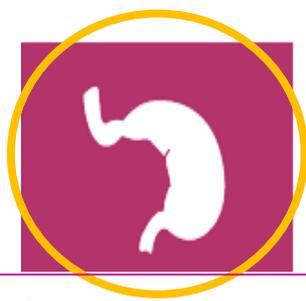


Owner postcode, **Canine**, **Labrador**, **Male**,
Neutered, **DOB 01/10/2002**

Diarrhoea last night and V o/n Temp 38.90 degC. exam bright colour good hydration fine abd palp nad relaxed non-renal rectal exam soft cowpat like stool no blood tmt as g/e adv strict bland diet 38h.

Treatment: Inject 1.50 mls Cerenia Injectable. Pro-Kolin 30ml Syringe VH 4 units twice daily for 1-3 days while stools are loose

> 5 million consults



In 10% a questionnaire pops up

Gastroenteric

~ 20,000 EHRs
questionnaire answered

~200,000 EHRs



Please indicate the clinical signs present*

- Diarrhoea without blood
- Diarrhoea with blood
- Vomiting without blood.
- Vomiting with blood.
- Melaena.
- Weight loss/failure to gain weight.
- Poor appetite.
- Other.

2. If diarrhoea was present how would you describe it*

- No diarrhoea.
- Small intestinal diarrhoea.
- Large intestinal diarrhoea/colitis.
- Mixed pattern.
- Don't know.

3. Please indicate disease severity

- Mild illness i.e. normal apart from GI disease.
- Moderately ill.
- Severely ill/debilitated.

4. How does this consultation relate to this episode of illness

First presentation

- Revisit/check-up.
- Don't know.
- Other.

5. How long approximately has the pet had this episode of illness?

- Up to 2 days.
- Between 3 days and 2 weeks
- More than 2 weeks – less than 1 month.
- 1 month and over.
- Don't know.

6. What diagnostic options will be used today for this episode of illness? *

- None.
- Faecal parasitology/bacteriology.
- Faecal virology.
- Virus serology.
- Diagnostic Imaging.
- Haematology/biochemistry.
- Serum B12/Folate and/or serum TLI.
- Canine/feline specific pancreatic lipase.
- Urinalysis.
- Other.

7. What advice did you give today? *

- Change of diet.
- Fasting.
- Admit patient for treatment.
- Refer patient.
- Check-up in near future.

*indicates multiple options may be chosen

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First visit consultations



April 2014 - September 2018

225 volunteer veterinary practices

17,819 EHRs



82.1%



17.9%

Quantitative Results

Questionnaire answered EHRs

n= 17,819 EHRs

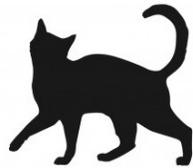
The most commonly reported clinical signs

non-haemorrhagic diarrhoea



47.1%

(95% CI, 46.2-48.0)



40.8%

(95% CI 39.0-42.6)



45.3%

(95% CI 44.2-46.3)



54.2%

(95% CI 52.4-56.1)

Use of diagnostic tests

Reported in only



18.9% (95% CI 17.3-20.4)



13.2% (95% CI 12.2-14.3)

Quantitative Results

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Questionnaire answered

n= 17,819 EHRs

Systemic antimicrobial agents prescribed



29.3% (95% CI 27.4-31.1)



23.5% (95% CI 21.2-25.9)



World Health Organization

Highest Priority Critically Important Antimicrobials (HPCIA)

RECOMMEND RESERVATION FOR HUMAN USE

quinolones, 3rd and higher generation cephalosporins, macrolides and ketolides, glycopeptides, and polymyxins



4.8% (95% CI 3.8-5.7)

When AM prescription occurred

20.4% (95% CI 18.8-22.1)



0.7% (95% CI 0.2-1.1)

When AM prescription occurred

2.4% (95% CI 1.89-3.0)

Preliminary Study

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What is the content and extent of discussion by practitioners around justification of use of antimicrobial agents?

Questionnaire answered

Electronic Health Records



First visit consultations

Qualitative approach



'Holistic approach to the clinical narrative'

Content analysis of the clinical narrative (*free-text*)

200 randomly selected EHRs

Qualitative approach



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Categories/ 'Nodes' / 'Containers of information'

"(...) D+ still leaving small amounts of blood around house after defecating. very well in herself, eddu normal. (...) Clinical exam - unremarkable, parameters within normal limits other than temperature 39.4. seemed sensitive around back end (...). elected to do a full course of antibiotics. as owner unable to given oral meds elected to give convenia today. owner to monitor clinical signs and recheck if at all concerned."

A screenshot of the NVivo 12 software interface. The window title is "Nodes" and there is a search bar at the top right labeled "Search Project". The main area displays a hierarchical tree of nodes. The root node is "Name". Under "Name", there are several nodes: "1. Owner-related info", "2. Clinical History", "3. Clinical Examination", "4. Diagnostic Testing", "5. Differential Diagnosis", "6. Treatment & Previous Drugs", "7. Advices & Next Visit", "8. Without Narrative", and "9. Not Coded". Node "3" is expanded to show "Diarrhoea (+ive)" and "Vomiting (+ive)". Node "4" is expanded to show "Testing Advised" and "Testing Done". Node "6" is expanded to show "Antimicrobial Agents", which is further expanded to show "Prescribing-related" (with sub-nodes 1-8) and "Nutraceuticals" and "Other Pharmaceutical Agents". Node "7" is expanded to show "Diet".



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Categories/ 'Nodes' / 'Containers of information'

*"(...) **D+** still leaving small amounts of blood around house after defecating. very well in herself, eddu normal. (...) Clinical exam - unremarkable, parameters within normal limits other than temperature 39.4. seemed sensitive around back end (...). elected to do a full course of antibiotics. as owner unable to given oral meds elected to give convenia today. owner to monitor clinical signs and recheck if at all concerned."*

Nodes Search Project

- Name
- 1. Owner-related info
- 2. Clinical History
- 3. Clinical Examination
 - Diarrhoea (+ive)
 - Vomiting (+ive)
- 4. Diagnostic Testing
 - Testing Advised
 - Testing Done
- 5. Differential Diagnosis
- 6. Treatment & Previous Drugs
 - Antimicrobial Agents
 - Prescribing-related
 - 1. Perceived risk of infection (pyrexia and other clinical signs)
 - 2. Perceived Compliance
 - 3. Perceived Efficacy (duration of AM therapy and others)
 - 4. Animal's clinical history (illness duration and others)
 - 5. Attitudes of Pet Owners
 - 6. Awareness for responsible usage
 - 7. Previous Experience
 - 8. Not Coded
 - Nutraceuticals
 - Other Pharmaceutical Agents
- 7. Advices & Next Visit
 - Diet
- 8. Without Narrative
- 9. Not Coded



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Categories/ 'Nodes' / 'Containers of information'

Qualitative approach

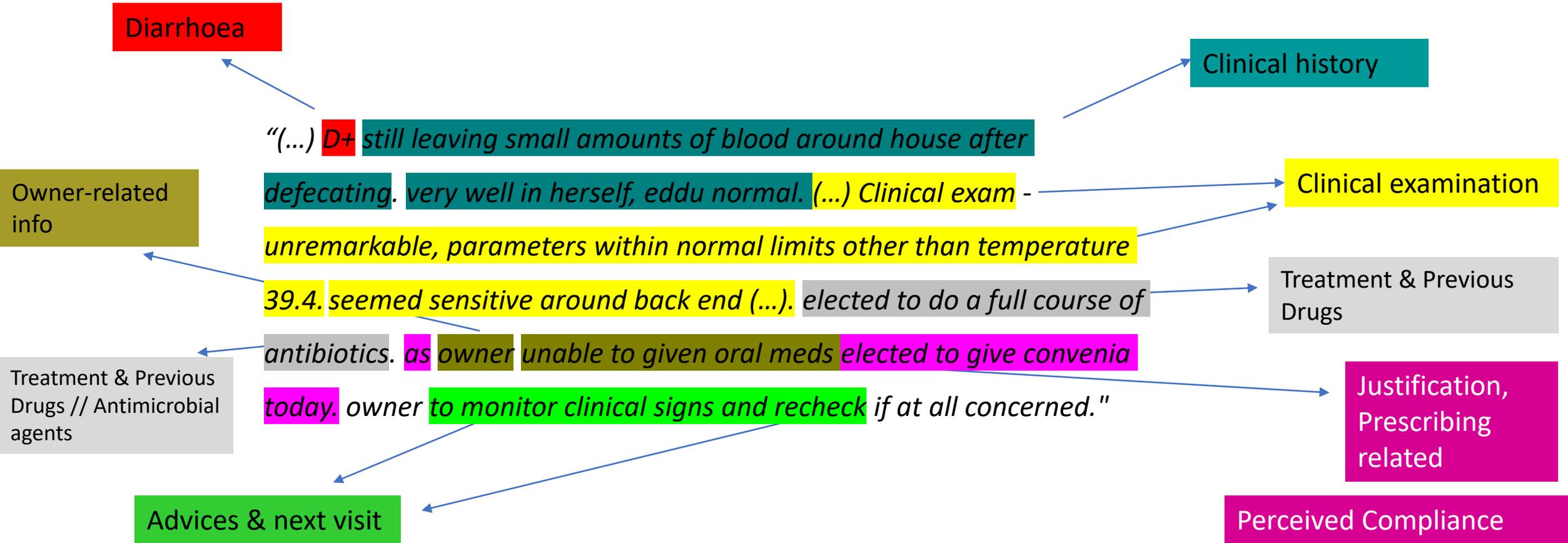
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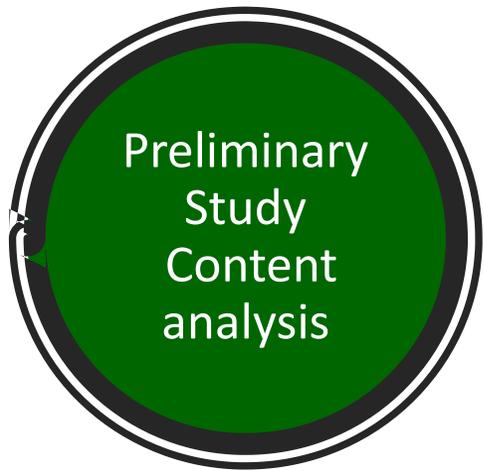


Categories/ 'Nodes' / 'Containers of information'



| | EHRs Antimicrobial prescribed | EHRs Antimicrobial not prescribed |
|--|----------------------------------|--------------------------------------|
| Not prescribing related content | 99 | 65 |
| Prescribing related content, justification | 35 | 1 |
| Total (n=200) | 134 | 66 |

When antimicrobial prescription occurred, factors associated with justification prescribing were identified in only **26.1%** (95% CI 19.4-34.2)



Identified factors associated with prescribing: clinical narrative examples

Perceived risk of infection (pyrexia, other clinical signs)

'Gave convenia to cover possible infections...'

'as pyrexia have opted to treat with AB even in the absence of blood in f+.'

Attitudes of Pet Owners

'o's going away for 2 weeks tomorrow so advise cover ab's'

'owner opted to see how goes with medical intervention today as thinks unlikely will have eaten a fb.'

Perceived Efficacy (duration of AM therapy, others)

'Has improved /w antibiotics, so seven days more, wait seven days and re-sample.'

'and conveyia to try to see if improves'

Awareness for responsible usage

'if not improving then we will consider antbs'



Antimicrobial prescription is **common** in gastroenteric clinical cases

Whilst this suggests a gap with current recommendations targets, there remains a need to assess practitioners understanding of other systemic signs

Descriptive studies have helped quantify antimicrobials use

Qualitative approaches can help to identify themes, behaviours, and **to describe key clinical drivers** of antibiotic prescription



By **applying mixed-methods**, it is possible to provide a new and complementary insight into antimicrobial prescription

Justification for prescription is **uncommonly** explicitly recorded

Some of the themes identified so far, include: **perceived risk of infection, attitudes of pet owners, perceived compliance**, and **perceived efficacy**

Further work

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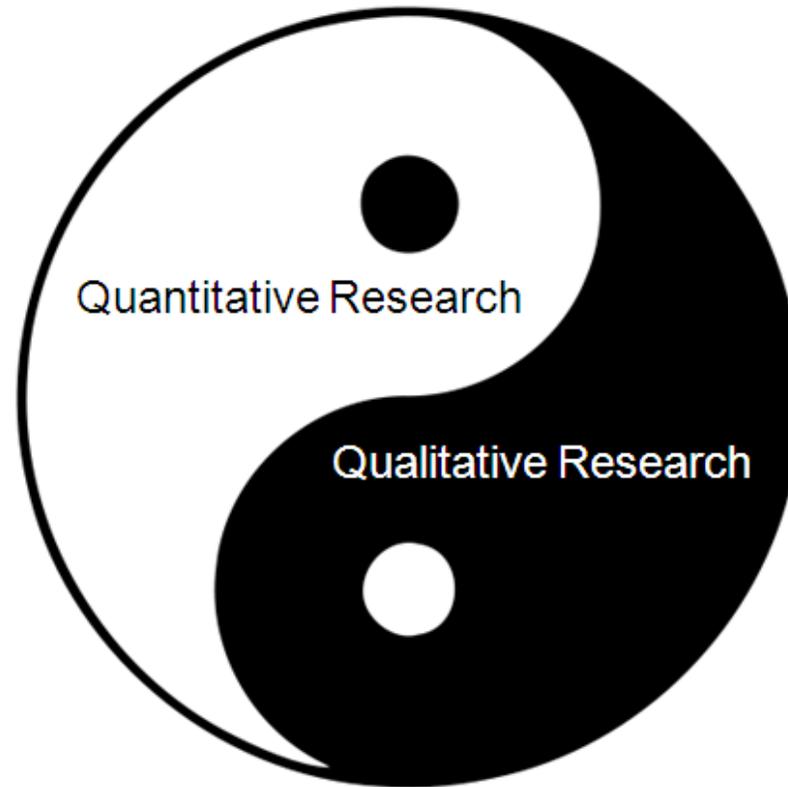
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Multivariable analysis

Animals data: breed, age,
insurance status

Practice data



Further content analysis of the
clinical narrative

Identify drivers related with
antimicrobial prescription

in an extended dataset

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SAVSNET Collaborators



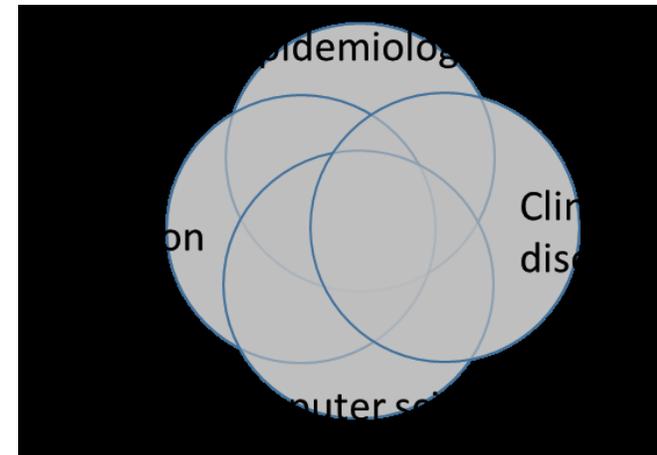
All practices and laboratories taking part in the SAVSNET project!

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